



RSVP

Northern Virginia

*VOLUNTEERS 55+ IMPACTING
THEIR COMMUNITIES*



AGENDA

June 2025

- Welcome
- Stats Synergy
- Idea Incubator
 - Welcome Wednesdays
 - Bee Better Presentations
 - Coffee Chats

A close-up photograph of a person's torso. They are wearing a blue shirt with a white and orange floral pattern, partially covered by a white blazer. A blue circular pin with the AmeriCorps Seniors logo is pinned to the blazer. The background is white with a blue wavy line.

MISSION:

RSVP (Retired and Senior Volunteer Program) inspires and empowers individuals aged 55 and older to strengthen regional community capacity through meaningful volunteer service.

PURPOSES of RSVP:



1. Engaging persons 55 and older in volunteer service to meet critical community needs
2. Providing a social network and community for like-minded adults to engage with each other through shared interests and experiences

RSVP assists volunteer station partners with the recruitment, retention, and recognition of qualified individuals to serve as volunteers

Grant CYCLE:

- Three Year Grant Cycle
 - April 2024-March 2027
 - 3 one-year periods
 - Yearly continuation and reports

FOCUS Areas

Aging in Place

(Companionship and transportation)

Capacity Building

(Volunteer and donations management, resource development)

Disaster Services

(Preparation and response)

Economic Opportunity

(Job training)

Education

(Classroom support and tutoring)

Nutrition/Food Support

(Food collection and distribution, and pantry support)



EVERYTHING Else:

Other
Community
Priorities

Dependent on the number of active volunteers and the number of hours served, but most importantly, on the measurable outcomes of the volunteers' efforts

Monthly Timesheets – 180 volunteers recorded hours (G5Y1)

Data Sharing Agreement: Keep records and prepare reports, including station rosters and surveys

Annual Data Collection Survey – 31 completed surveys (G5Y1)

DATA Collection:

Volunteer Stations

- American Red Cross
- Belong!
- Britepaths Financial Empowerment Center
- Capital Caring
- Children's Science Center Lab
- City of Alexandria Division of Aging & Adult Services
- Computer CORE
- Cornerstones
- CRi
- English Empowerment Center
- FACETS
- Fairfax CASA
- Fairfax County
- Fairfax County: GrandInvolve
- Fairfax County: Northern Virginia Cash Coalition (VITA)
- Fairfax County: Parenting Education Program
- Fairfax County: Parks Authority
- Fairfax County: Public Libraries
- Fairfax County: Volunteer Solutions
- Food & Friends
- Food For Others
- HopeLink Behavioral Health (formally PRS)
- Insight Memory Care Center
- Junior Achievement Finance Park Fairfax
- Main Street Child Development Center
- Meals on Wheels of Arlington
- New Hope Housing
- Northern Virginia Family Services
- NV Rides
- NVSO (Northern Virginia Senior Olympics)
- Project Knitwell
- Rebuilding Together Arlington-Fairfax-Falls Church
- REEP- Arlington Education and Employment Program
- Senior Services of Alexandria
- Shepherd's Center of Annandale-Springfield
- Shepherd's Center of Fairfax-Burke
- Shepherd's Center of McLean-Arlington-Falls Church
- Shepherd's Center of Northern Virginia
- Shepherd's Center Western Fairfax
- St. Mark ESL
- The Lamb Center
- True Ground Housing (formerly APAH)
- United Community
- Volunteer Fairfax
- Wolf Trap
- Wright to Read

Grant Accomplishments

Annual goal (unduplicated volunteers) = 175



	April 1, 2023-March 31, 2024	April 1, 2024-March 31, 2025
Number of unduplicated volunteers	193	180
Hours of service	10,000 hours	13,446 hours
Average hours of service per volunteer	52 hours annually	75 hours annually
Value of volunteer service	\$334K (\$33.38 hourly)	\$463K (\$34.42 hourly)

Grant REPORTING Goals:

Number of volunteers

Number of people served

Impact



STATS Synergy

Aging in Place: Companionship		G5Y1 Goal	G5Y1 Actual
Output	Number of individuals served	50	176
Outcome 	Number of individuals who report having increased social support or improved capacity for independence	37	1,360* *Our volunteer stations did not differentiate between those served by RSVP and by non-RSVP volunteers
# of Unduplicated Volunteers		10	15
# of Total Volunteers Contributing		20	35
# of Volunteer Stations		10	13

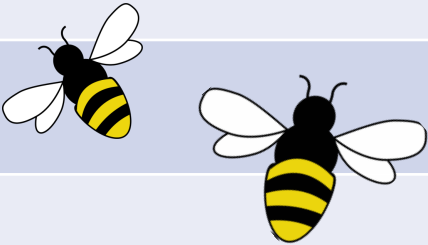


Aging in Place: Transportation		G5Y1 Goal	G5Y1 Actual
Output	Number of individuals served	50	149
Outcome	Number of individuals who report having increased social support or improved capacity for independence	37 	1,360* *Our volunteer stations did not differentiate between those served by RSVP and by non-RSVP volunteers
# of Unduplicated Volunteers		12	17
# of Total Volunteers Contributing		20	26
# of Volunteer Stations		7	9



Capacity Building: Donations Management		G5Y1 Goal	G5Y1 Actual
Output	Dollar value of cash or in-kind resources	\$5,000	\$5,139
Outcome	Number of organizations that increased their efficiency, effectiveness, and/or program reach	8	11
# of Unduplicated Volunteers		10	11
# of Total Volunteers Contributing		16	18
# of Volunteer Stations		5	11



Capacity Building: Resource Development	Number of organizations that received capacity building services	G5Y1 Goal	G5Y1 Actual
Output	Number of organizations that received capacity building services	13	31
Outcome	Number of organizations that increased their efficiency, effectiveness, and/or program reach	9	23
# of Unduplicated Volunteers		35	24
# of Total Volunteers Contributing		40	36
# of Volunteer Stations		13	31

Capacity Building: Volunteer Management	Number of community volunteers recruited or managed	G5Y1 Goal	G5Y1 Actual
Output	Number of community volunteers recruited or managed	1200	835
Outcome	Number of organizations that increased their efficiency, effectiveness, and/or program reach	20	10
# of Unduplicated Volunteers		12	4
# of Total Volunteers Contributing		18	18
# of Volunteer Stations		2	2



Disaster Services: Preparation		G5Y1 Goal	G5Y1 Actual
Output	Number of individuals served	2,200	400 *Our primary activity in this area was the Red Cross' monthly Sound the Alarm events. Unfortunately, many of these events were not held in the grant's service area.
Outcome	Number of individuals reporting increased disaster services readiness	1,650	0* *See above.
# of Unduplicated Volunteers		7	12
# of Total Volunteers Contributing		9	 45
# of Volunteer Stations		2	4

Disaster Services: Response/Relief		G5Y1 Goal	G5Y1 Actual
Output	Number of organizations that received capacity building services	5	3 *Fortunately, we did not have to assist in any disasters during G5Y1!
Outcome	Number of organizations that increased their efficiency, effectiveness, and or program reach	5	0
# of Unduplicated Volunteers		10	1
# of Total Volunteers Contributing		10	5
# of Volunteer Stations		2	3



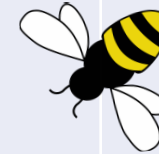


Economic Opportunity		G5Y1 Goal	G5Y1 Actual
Output	Number of individuals served	48	374
Outcome	Number of individuals with improved job readiness	36	225
# of Unduplicated Volunteers		14	13
# of Total Volunteers Contributing		18	31
# of Volunteer Stations		7	13



Education: School Readiness		G5Y1 Goal	G5Y1 Actual
Output	Number of individuals served	30	107* *This number was self-reported by RSVP volunteers
Outcome	Number of children demonstrating gains in school readiness	22	20* *This number was reported by volunteer stations
# of Unduplicated Volunteers		3	3
# of Total Volunteers Contributing		3	6
# of Volunteer Stations		2	3

Education: Tutoring K-12		G5Y1 Goal	G5Y1 Actual
Output	Number of individuals served	15	1,621* *Volunteers at Junior Achievement often work with 100+ students a shift
Outcome	Number of students with improved academic engagement or social-emotional skills	11	1,147
# of Unduplicated Volunteers		12	14
# of Total Volunteers Contributing		12	28
# of Volunteer Stations		5	9



Nutrition/Food Support 		G5Y1 Goal	G5Y1 Actual
Output	Number of individuals served	3,000	5,696
Outcome 	Number of individuals who report increased food security	150	204
# of Unduplicated Volunteers		30	35
# of Total Volunteers Contributing		40	61
# of Volunteer Stations		11	16



Other Community Priorities		G5Y1 Goal	G5Y1 Actual
Output	Grantee met their target for community priority activity (yes/no)	Yes/No	Yes
# of Unduplicated Volunteers		20	31
# of Total Volunteers Contributing		40	116
# of Volunteer Stations		11	23



Number of sessions offered: 19

Number of registered participants = 115

Number of actual participants = 83

Number of enrolled applicants = 64

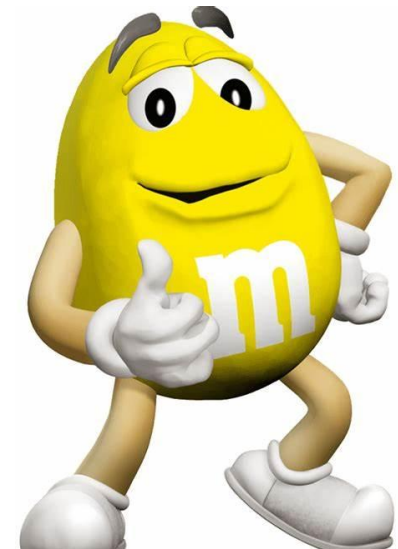


NEW VOLUNTEER Info Sessions:

bites & Bubbly

RSVP Volunteer Service is Marvelous & Meaningful =
72 Attendees

Presidential Service Awards
(Cone-gratulations Ice Cream Rally - Fall 2025)



RECOGNITION of Volunteers:

Serv
ho

Quarterly



Brain Health – *Dr. Ellen Clark, Brain Evolved*

Medicare – *Sharon Accardo – Innovative Insurance Group, LLC*

Hands Only CPR – *Marco Johnson, Red Cross*

Sound the Alarm Fire Safety – *Marco Johnson, Red Cross*



BEE BETTER Presentations:

**AmeriCorps
Week**



Events = 12

Unique # of Volunteers = 86

Total # of Volunteers = 274

Average Monthly Attendance = 23

Projects = 19

WELCOME Wednesdays:



Unique # of Volunteers = 14

Total # of Volunteers = 78

Average GSP Attendance = 6

Projects = 13

Group Service PROJECTS:

Welcome Wednesdays & Group Service Projects

Engagement Comparatives

	April 1, 2023-March 31, 2024	April 1, 2024-March 31, 2025
Number of Unique Volunteers	72	100
Cumulative Total of Volunteers	215	352
Total Number of Projects	19	32



AmeriCorps
Seniors





**KNOW YOUR
STRENGTHS**

Program Strengths

- **Volunteer excitement and commitment to RSVP mission areas**, especially companionship, transportation, donations management, economic opportunity, education, and food/nutrition
- **Effective, consistent, and relational volunteer communication** (weekly Monday Memos, bi-monthly newsletters, email)
- **High volunteer engagement**
 - Volunteer participation on target with grant goals
 - Volunteers are serving and/or recording more hours
 - Welcome Wednesday and Group Service Projects are in high demand and good connectors for new volunteers or those needing flexibility
- **Seasoned staff**

Growth Opportunities

- Increase volunteer connections to support disaster services, resource development and volunteer management
- Engage 'Other Community Priority' volunteers in mission areas
- Re-engage inactive volunteers
- Increase new volunteer connection rate
- Improve communication with volunteer station partners
- Increase recruitment efforts
- Engage RSVP volunteers in coordination and execution of events and projects





IDEA Incubator

Welcome Wednesdays



1. Why do you attend Welcome Wednesday events?
2. What do you like most about them?
3. What do you dislike about them?
4. What types of activities and/or projects should be included in these events?
5. What ideas do you have for improvement?
6. How often should these events be held?
7. How could these events be coordinated to support RSVP growth opportunities?
- 8. Any additional information to share?



'Bee' Better Presentations

1. Have you attended a 'Bee' Better presentation, and if so, why and how was the experience? If not, why not?
2. Should 'Bee' Better presentations be held by Zoom or in-person?
3. Should 'Bee' Better presentations be coordinated to coincide with Welcome Wednesday events?
4. What presentation topics or presenters would be of interest? (Share any contact information.)



Coffee Chats



1. Who should participate in Coffee Chats (i.e., staff, active volunteers, inactive volunteers, volunteer stations contacts, family members, potential volunteers, community guests, etc.)?
2. What type of activities should be included in a Coffee Chat?
3. In which geographic areas should Coffee Chats be organized?
4. What coffee shops/cafes would be able to accommodate an RSVP group?
5. If RSVP volunteers were trained to serve as 'hosts' for these events, would you be
 - interested in serving as a host at a Coffee Chat in your area (RSVP will pay costs!)?



Other IDEAS?

During this new grant year, how can RSVP better serve you and other RSVP volunteers?

Questions?

Contact RSVP-Northern Virginia

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Stacey Iden,
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