



IMPACT REPORT ^{G5}_{Y2}



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ABOUT

AmeriCorps Seniors RSVP-Northern Virginia (AmeriCorps Seniors RSVP-NV) has been administered by Volunteer Fairfax **since 2012**. We serve primarily Fairfax and Arlington Counties and the cities of Falls Church, Fairfax, and Alexandria, **providing opportunities for our older residents to use their experience, expertise, and passion on behalf of the most vulnerable among their neighbors.**

AmeriCorps Seniors RSVP grants are structured as three-year project awards, with each annual budget cycle running from April 1 through March 31. This report highlights our achievements in the second year of our fifth consecutive three-year grant – G5Y2 – which ended on March 31, 2026.



**AmeriCorps
Seniors**

**Volunteer
Fairfax**



**AmeriCorps
Seniors**

To improve lives,
strengthen communities,
and foster civic
engagement through
service and volunteering

14 Years of Inspiring Change in Northern Virginia

Dear Friends,

Every day, older adult volunteers strengthen our community through their compassion, experience, and commitment to serving others. Together with the nonprofit organizations, schools, and community partners that welcome them, they create lasting impact for people of all ages and demonstrate that the power to make a difference knows no age limit.

We are pleased to share this year's AmeriCorps Seniors RSVP-Northern Virginia Impact Report, celebrating the dedication of our AmeriCorps Volunteers and the partnerships that make their service possible. The stories and accomplishments within these pages reflect what can be achieved when individuals and organizations come together with a shared commitment to building stronger communities.

Thank you to our AmeriCorps Volunteers, host organization Volunteer Fairfax, volunteer station partners, and supporters for making this work possible. Together, we are strengthening the fabric of our communities and expanding opportunities for people of all ages to thrive.

We hope this report leaves you inspired by the lives touched, the partnerships built, and the impact made throughout our community.

Together in service,

Stacey Iden, Program Director, RSVP-Northern Virginia



*AmeriCorps Chief of Staff **Mark Lloyd** and Acting Director **Robin Corindo**, visited our office in September 2025. Their visit included remarks, recognition of individual volunteer service hours, recognition of RSVP Program Director Stacey Iden for her AmeriCorps Guiding Star Award, a service project for the American Red Cross, and recruitment presentations by the Red Cross and the Fairfax County Department of Emergency Management and Security.*



SERVICE ON THE RISE



47

Volunteer station
partners



206

Active volunteers



15,352

Hours served



- **47 volunteer station** partners or community entities that collaborate with AmeriCorps Seniors RSVP-NV to house, supervise, and utilize volunteers.
- **206 active volunteers** – surpassing our annual goal of 175 volunteers by 26, or 14.4%.
- **15,352** hours served at a value to the community of approximately \$568K as determined by the Independent Sector. This was approximately 75.5 hours per volunteer.

IMPACT

Over the past year, AmeriCorps Seniors RSVP-NV Volunteers assisted vulnerable community members through food collection, processing, and distribution; medical transportation; companionship; supporting pre-school and elementary school children; and providing adults with financial literacy and language instruction. They also supported community and cultural events, such as the Main Street Child Development Center's Spring Fling and Wolf Trap's summer concerts.

Based on volunteer self-reported timesheets and partner organization surveys, the following quantifiable results were achieved. They are duplicated, meaning one individual may appear in more than one category (for example, people who received both transportation and companionship services, or volunteers who served in more than one focus area).



8,687

individuals served
through supported
programs/events

3,368

individuals positively
impacted

9,742

items prepared and
contributed to **19** volunteer
stations

As the famous quote generally attributed to Margaret Mead states,

**"Never doubt that a small group of thoughtful,
committed citizens can change the world."**

AmeriCorps Seniors RSVP-NV sees it every day.

FOCUS AREAS

AmeriCorps Seniors RSVP-NV promotes volunteer service to meet community needs in five focus areas at our 47 partner volunteer stations.

Healthy Futures

Improving the physical, mental, and behavioral well-being of community members, particularly vulnerable and underserved populations, by providing companionship and transportation, and decreasing food insecurity.

Capacity Building

Supporting indirect services that enable AmeriCorps-supported volunteer stations to provide more, better, and sustained direct services that enhance program delivery.

Disaster Services

Increasing community resilience by helping individuals and communities prepare for and respond to disasters.

Economic Opportunity

Improving the economic well-being and security of underserved individuals through job training, and other adult education programs.



FOCUS AREAS

Education

Improving educational outcomes for underserved children by providing tutoring, mentoring, and classroom support for preschool and school-age children that promote perseverance and confidence in academic achievement.

Other Community Priorities

Addressing localized, unmet needs that may not necessarily lead to national performance-measure outcomes but support the intent of the federal funding.



Hilary Wexler,
AmeriCorps Seniors
RSVP-NV Volunteer

"Like volunteers everywhere, those of us who donate our time and talents to help support local private nonprofits and public human service programs do so to further the strength of the community, including ourselves. After 50 years as a social worker, I am very aware of the challenges faced by many people and the always under-resourced organizations that support them. AmeriCorps Seniors RSVP-NV provides volunteers with the opportunity to close this gap by matching their interests with the needs of our neighbors. I started as a member of the Advisory Council because as my wife and I are often away, I couldn't commit to regular, ongoing service. We do, however, attend Welcome Wednesdays when we're in town, where we work on a variety of projects and engage with cheerful, talented, and dedicated fellow seniors. We believe AmeriCorps Seniors RSVP-NV is a win-win for all its stakeholders!"



— Paul Wexler, Advisory Council Member

ENGAGEMENT

AmeriCorps Seniors RSVP-NV engages volunteers through signature events, group projects, and regular communications that build community and connection.

Welcome Wednesdays

Our monthly Welcome Wednesdays have become a signature event, attracting new volunteers for their first taste of our community, and engaging seasoned volunteers who enjoy meeting up with friends while performing worthwhile service. Welcome Wednesdays were attended by 137 individuals, averaging 40 per event. Nineteen nonprofits benefited from their work, which included 880 cards for veterans and mental health crisis workers, 850 food/snack bags for children and vulnerable families, and 7,000 emergency door hangers for Red Cross distribution. A volunteer Welcome Wednesday Planning Team assisted with the coordination and execution of these events.



137

Individual participants

19

Nonprofits served

850

Snack packs for families



Bee Better Events

AmeriCorps Seniors RSVP-NV hosted quarterly Bee Better events. These popular sessions included:

- *Hearing Loss: Communication Challenges for Community Responders (Zoom)*
- *Information Security for Seniors: Avoiding Scams in the Digital World (Zoom)*
- *Falls Prevention (in person)*
- *LEGO® Serious Play (in person)*

ENGAGEMENT

Group Service Projects

Group Service Projects are opportunities for volunteers to serve together for one of our partner nonprofits. During the past year, 37 volunteers joined together for five projects, including staffing the Main Street Child Development Center's Spring Fling and Insight Memory Care's annual Caregiver Conference.



Weekly Roundup

The Weekly Roundup, from the desk of Program Director Stacey Iden, was sent via email to all active and inactive volunteers and applicants. The email consists of news about the program, one-time and ongoing service opportunities, and "Better Than Yesterday" inspirational challenges such as, "Leave a nice note for your mail carrier." The Weekly Roundup has fostered a sense of community, engaged volunteers in interesting ways such as helping with holiday events and donation drives, and opened the door to regular discourse between volunteers and staff.

Newsletter

Our bi-monthly virtual newsletter reaches current, former, and prospective volunteers with the latest AmeriCorps Seniors RSVP-NV news and updates. It also highlights how our local work connects to the broader AmeriCorps mission and the wider world of community service.

"AmeriCorps Seniors RSVP-NV Volunteers are an invaluable part of the Cornerstones team, bringing dependable service, positive attitudes, and a willingness to jump in wherever they are needed. Their commitment and reliability strengthen our programs, support our staff, and help us continue meeting the needs of our community."

— Rebecca Jewell
Cornerstones Strategy Director for
Volunteer and Community Engagement



RECOGNITION

Our annual **Bites & Bubbly** celebration was held on March 17, 2026. The theme was "Building to Bloom," and the venue was decorated with a magical LEGO® garden: "Every brick builds hope for a blooming future." Approximately 70 volunteers, volunteer station partner staff, and guests attended.



Stacey Brahme, AmeriCorps Seniors RSVP-NV Volunteer since 2023 and regular Welcome Wednesday participant, is no stranger to service. In 2025 she was honored for 30 years of service with nonprofit Food & Friends, for whom she started as a driver in 1995. Two years later, she was a volunteer team captain, working in the kitchen. Over the years she was reliably there, even as programs changed and schedules shifted; she now works for Food & Friends' Groceries to Go program. "Food & Friends was my first volunteer project," Stacey recalls, "I just never stopped going."



RECOGNITION

Worker Bee - Full-time volunteer

- Marco Johnson - 1000+/- based on an approximately 40-hour week as a full-time volunteer

Keeper of the Hive - 500+ hours of service

- Michael Mixon - 531
- Michelle Shea - 635

Pollinator of Change - 200-449 hours of service

- Bruce Sydnor - 373
- Francis McHatton - 399
- Jeanne Mussig - 340
- Karen Heagney - 381
- Kenneth Kozloff - 381
- Kristin Ramkey - 210
- Lisa Dickerson - 426
- Mark Scherger - 224
- Mary Ellen Dawley - 208
- Neil Angelotti - 240
- Robbie Mosley - 448
- Robert Eustace - 328
- Sheila Sandford - 253
- Shelley Brosnan - 265
- Susan Tramosch - 214
- Uma Chaudhari - 230



RECOGNITION

Hive Builder - 100-199 hours of service

- Alfred Tetrault - 193
- Anu Mittal - 105
- Barry Beach - 123
- Bob Kovacs - 150
- Celia Boertlein - 189
- Chris Mussig - 168
- Daniel Brinza - 154
- David Yaskin - 119
- Deborah W. Smith - 165
- Gordon Hay - 118
- Helga Stevenson - 151
- Irene Cichon - 116
- James Wallar - 143
- Jeanine Lauth - 103
- John Paulus - 101
- Kevin Shelly - 137
- Kimberly McDonald - 122
- Kurt Kunze - 188
- Leah De Lane - 194
- Lydia Patrick - 158
- Mark Aldrich - 126
- Mark Smythers - 183
- Mark Wildman - 101
- Martin Novak - 133
- Mary Ann Ingberg - 109
- Mary Williamson - 152
- Pamela Quarles - 124
- Patricia Wilson - 188
- Pilar Oishi - 139
- Sally Scholberg - 102
- Towhid Kazi - 145



OUR TEAM

AmeriCorps Seniors RSVP-NV Staff Members



Stacey Iden
Program Director



Tina Luebke
Grant Coordinator/ AmeriCorps
Authorized Representative



Patricia Medeiros
Communications Manager

Advisory Council Members

AmeriCorps requires that all projects involve a focused and sustained core group, an advisory council, that provides perspective and active assistance. We thank the collection of individuals who serve on our advisory council and support our program and the work that we are all doing to take care of each other and our neighbors. They bring a lot to the table and provide specialized expertise, serve as ambassadors, and perform important duties.

Ed Weiss
Chairperson

**Dorothy (Dot)
Keenan**

**Karen
Horowitz**

Mike Mixon

**Emily
Roudebush**

**Emily
Swenson**

**Martha
Tesfaye**

Paul Wexler

NONPROFIT PARTNERS

AmeriCorps Seniors RSVP-NV has partnerships with a diverse group of nonprofit partners across the County that provide a wide range of service opportunities for our volunteers.

- American Red Cross
- Belong!
- Britepaths Financial Empowerment Center
- Capital Caring
- Children's Science Center Lab
- City of Alexandria Division of Aging & Adult Services
- Computer CORE
- Cornerstones
- CRI
- English Empowerment Center
- FACETS
- Fairfax CASA
- Fairfax County
- Fairfax County: GrandInvolve
- Fairfax County: Northern Virginia Cash Coalition (VITA)
- Fairfax County: Parenting Education Program
- Fairfax County: Parks Authority
- Fairfax County: Public Libraries
- Fairfax County: Volunteer Solutions
- Food & Friends
- Food For Others
- Hopelink Behavioral Health (formally PRS)
- Insight Memory Care Center
- Junior Achievement Finance Park Fairfax County
- Main Street Child Development Center
- Meals on Wheels of Arlington
- Mount Vernon at Home
- New Hope Housing
- Northern Virginia Family Services
- NV Rides
- NVSO (Northern Virginia Senior Olympics)
- Project Knitwell
- Rebuilding Together Arlington-Fairfax-Falls Church
- REEP- Arlington Education and Employment Program
- Senior Services of Alexandria
- Shepherd's Center of Annandale-Springfield
- Shepherd's Center of Fairfax-Burke
- Shepherd's Center of McLean-Arlington-Falls Church
- Shepherd's Center of Northern Virginia
- Shepherd's Center Western Fairfax
- St. Mark ESL
- The Lamb Center
- True Ground Housing Partners (formerly APAH)
- United Community
- Volunteer Fairfax
- Wolf Trap
- Wright to Read



CONNECT WITH US

AmeriCorps Seniors RSVP-NV is proud of our work, our volunteer engagement, and the impact our AmeriCorps Volunteers have had on our community over the past year. We look forward to continued service through the course of this grant cycle (April 2024 - March 2027) and we invite our neighbors over the age of 55 to join their peers in this service.



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